

Medical Massage Helps Clients With  
Structural Alignment & Chronic Pain Ailments

With SMART Bodywork® you will receive the best hands-on skills from our licensed and insured massage therapists in your area.

We hope you experience joy and relief from your comprehensive massage session with us.

SMART Bodywork® was created so every person could have access and knowledge to a higher quality of recovery so performance at work or on the field will excel.

Massage tools may be in the form of:

- Structural Integration on the Neck, Shoulder & Arm
- Neuromuscular & Myofascial Massage
- Cranial-Sacral Massage Therapy
- Stretching & Range of Motion
- Telehealth Conferencing with One-on-One Private Consultation or Group Instruction

Benefits are:

- Ease post-surgery operation pain
- Boosts Immune System
- Lowers blood pressure
- Reduces swelling, discomfort in the local area
- Increases blood circulation, healing and overall recovery

Who can benefit from Medical Massage Therapy?

- Concussion and/or whiplash victims
- Athletic injury recovery
- People who have a specific part of the body injured

Consistently booking focused sessions with an experienced manual therapist will help you alleviate some of the inflammation, chronic problems and ailments. For best recovery, we recommend 2 - 3 sessions over a 30 day period of time and the client must do homework for a faster and more complete recovery.



For More Educational Information, Follow Us @smartbodywork

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